



# Kash Kourier

October 2011

Volume 4

## Mark Your Calendars for 2012 Coming Events:

- **Meet & Greet Brunch**  
June 17th, 10 am -12:30 pm  
Fernleigh Lodge
- **Canada Day Boat Parade**  
July 1st, 1 pm - Whitefish Bay  
Deadhead
- **Annual General Meeting**  
July 14th, 9:30-11:30 am  
Harlowe Hall TBC
- **Social Dance**, July 14th,  
6:30 - 10:00 pm, Fernleigh Lodge  
(outdoor event)
- **3rd Annual Family Day**  
August 11th, Fernleigh Lodge
- **Silent Auction/Dinner**  
September, Fernleigh Lodge -  
Watch our Website for the date  
and time!

## Lake Planning - Survey Request for Kashwakamak Lake Community

Volunteers have been hard at work in cottage country. In July, the Kashwakamak Lake Association (KLA) held its annual general meeting in Northbrook where the newly formed Kashwakamak Lake Sustainability Planning Committee presented a proposal to create a sustainability plan for the lake.

The goal of the committee is to bring together common interests of the community to develop a sustainability plan. This plan should support the history of enjoying the lake while preserving the natural environment for the future generations to enjoy.

"Sustainability is about ensuring future generations have access to the same opportunities and quality of life that we do," explained Scott Bennett, the presenter and one of the ten volunteer members of the Lake Sustainability Committee.

Other lake communities have

done this in Ontario including Crow Lake and Bob's Lake. The KLA board approved setting up this committee in 2010 when it became clear that there was a will for this to happen. While many of these plans have been in response to significant issues, the plan for Kashwakamak is proactive with the aim of understanding what the concerns are and what the community values.

"The outcome of the plan is unclear, but that is intentional" Scott said. "We need to hear from the lake community before we know what we need to focus on."

Several concerns were raised during the meeting. One was that this plan would add regulations for the lake but as Scott clarified, "this is not about adding rules and regulations to the lake, rather it's about determining what the community wants for the future and working towards that."

(Cont'd on p. 7 =>)

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### We need your views!

Please take 5 minutes to fill out the **Lake Sustainability Planning Survey** by going to:

[www.kashwakamak.ca/index.php/sustainability](http://www.kashwakamak.ca/index.php/sustainability)

CHECK OUT THE CHANGES WE'VE MADE ON OUR WEBSITE:

[www.kashwakamak.ca](http://www.kashwakamak.ca)

## President's Corner - Gord Hunter

This was an election year for your Kashwakamak Lake Association board (KLA) and there have been several changes to the board. Long serving member Elma MacLachlan retired and resignations came from Peggie Pelosi, Earl Bond and Andy White. Joining the board as director & North Frontenac council representative Ruth Blamire and Cathy Galt joined as director & was elected Secretary.

*"We are looking for representation on the south and north shores...for the board."*

### **Ready to make a difference?**

The board is seeking three people to fill vacant director positions. Ideally we are looking for representation on the south and north shores. Please contact any board member if you're interested in joining our dynamic team.

In conversations with fellow cottagers the past summer it has become increasingly noticeable that some are unaware of what your lake association board is doing for you. I would like to point out that the board is made up of like-minded cottage owners who volunteer their time. Our Kashwakamak Lake Association is a conglomeration of fellow cottagers brought together to become a strong voice and communicate as

a group.

The KLA is very active in the sustainability of the lake we all enjoy and want to make sure it is here for generations to come. Milt Houle is our dedicated Lake Steward who takes frequent Secchi disc readings and monitors the lake checking the level, temperature & collecting phosphorous levels. This information is then shared with the Ministry of Natural Resources (MNR) and the Mississippi Valley Conservation (MVC) who are overseeing and monitoring all area lakes.

As the newly elected President I also serve KLA on the board of the North Frontenac Lake Association Alliance. Judy McIntyre is Vice President and is the KLA representative co-coordinating the Lake Sustainability Plan. She and her team of cottager owner volunteers has an important yet daunting task ahead. Mary Larson is now past President and has the role of organizing the popular Annual Family Day event (our third one is coming this August 11, 2012.) Allen Archibald serves as Treasurer and also looks after membership. Cathy Galt just joined the board and has been elected Secretary. Ruth Blamire joined the board this year and has the mandate as North Frontenac council representative. Kevin Phillips serves as a director.

Your KLA works hard to get information to its members on issues that affect Kashwakamak Lake property owners and users of the lake. All members should be sure to send their email address to Allen Archibald to ensure we can get information to you in a timely manner. It is too time consuming and cost prohibitive

to use postal service for important updates.

Your KLA also is taking new steps to bring the Kash Lake community together. This year we added the Father's Day brunch as a meet and greet and held our second annual Family Day. For 2012 we plan to continue with the addition of more events designed to bring people together to share the Kash experience and socialize with your lake neighbours.

Heather Penny of Mitchell Island is the organizer of the popular annual Silent Auction / Dinner coming Sept. 2012. Our KLA Loon Watch coordinator Verna Hutchison has retired after many years in her position and passed the torch to Sandy Allin who will work with the loon watcher volunteers to coordinate the information for Loon Watch Canada. Sue MacGregor is editor of our newsletter and plays an important support role in this capacity.

In 2012 we are adding a Social Dance aimed directly at teens (with all welcome). Please watch our website [www.kashwakamak.ca](http://www.kashwakamak.ca) for important dates, links and information. Watch your email as well for news from KLA.

The nominal \$15 annual fee is used in the administration; mailings etc. of the board as well as paying the \$3.11 membership fee on your behalf to FOCA the provincial cottagers association. [www.foca.on.ca](http://www.foca.on.ca).

Your suggestions and input is always welcomed. Have a safe and happy fall and winter season whether you enjoy the cottage or escape elsewhere.

**Gordon Hunter**

## Membership Report - Allen Archibald

Our membership remains at 391 property owners. This includes a change in members because of cottage sales plus the addition of other members who have joined. Unfortunately there are new owners of other cottages who we have not had the opportunity to meet,

*"Please include your family and friends' email addresses so they can receive lake related information..."*

and may not have heard of us. We ask our members who know of any new cottage owners to let the Board know and we will "take it from there".

Our e-mail group numbers 282 (72% of our members). The advantages experienced by our e-mail group include:

- being informed of various lake related issues being addressed at the township level
- receiving lake bulletins issued by Mississippi Valley Conservation
- learning of pending meetings related to such items as logging
- getting reminders about various KLA social functions

- receiving monthly newsletters from FOCA, and of course
- getting our KLA Newsletters.

We encourage all those who have not yet supplied their e-mail address to do so. We also recognize that some connections are dial-up, which in turn means that we do not send large files to these e-mail addresses.

We also encourage our e-mail group members to include other family and friend e-mail addresses so that they too can receive lake related information. To-date, we have 61 "Family & Friend" e-mail addresses.

**Allen Archibald**

## Treasurer's Report - Allen Archibald

The payment of annual dues is proceeding on schedule. For those who have not yet paid, there is a reminder notice included in the mailed out package and an electronic notice in the e-mailed package.

As in the past, all KLA sponsored social functions have been planned as a net zero cost function. The

Annual Dinner & Silent Auction achieved this goal with the Auction money to be given to charity. The 2<sup>nd</sup> Annual Family Fun Day event held in August was not as financially successful, accounting for a loss of \$286. Lessons are still being learned in putting on this otherwise highly successful event. The fledgling

Spring Father's Day Brunch did break even. It will remain a policy of the KLA Board to initiate and fund additional events until they can become self-financing.

**Allen Archibald**

## Loon Watch Update

After many years of service, KLA is saying goodbye to Verna Hutchison who stepped down as coordinator of the very successful and important Loon Watch program on Kashwakamak Lake. The KLA Board wants to thank Verna for her dedicated service in making this program work so well and for all the volunteers she recruited and coordinated in bays throughout Kash.

Verna's reports have always been very informative and educational. We appreciate her time and commitment to the Loon Watch program.

The KLA Board welcomes Sandy Allin who is taking over the Loon Watch Program coordinator role. Look for her first report in the Spring newsletter.



# Lake Steward's Report - October 2011 - Milt Houle

I wish I could give you a more up to date report on the state of our lake but the latest available report from the Mississippi Valley Watershed Watch includes statistics up to 2008 only.

The average of 8 Secchi (water clarity) tests for 2011 beginning in May to the present was 4.7 metres. As you see on the attached graph, the average between 1987 and 1997 was

about 3 metres and between 1997 and 2008, approximately 5 metres. This indicates that this summer's average of 4.7 is closed to the average for the years 1997 to 2008.

I have included two other graphs for your information. Considering the amount of statistics collected from all the monitored lakes in Ontario, the results are not

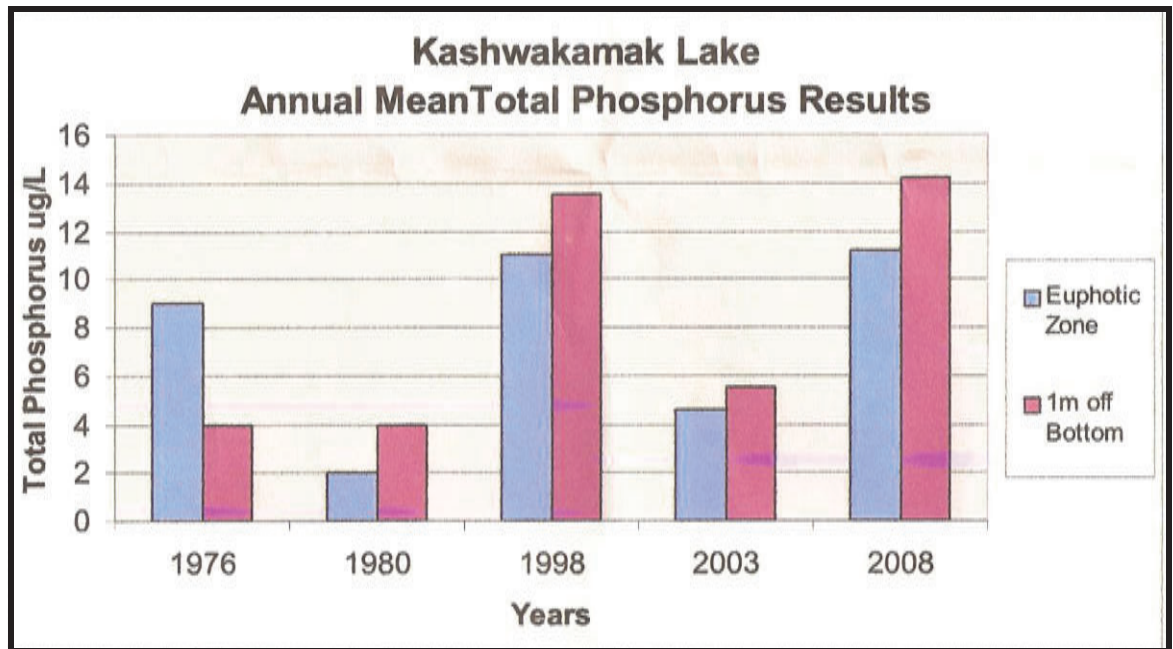
quickly available.

According to the information we have at present, our lake is in good shape and this helps keep our property values high.

One of the worst contributors of phosphorus in our lake is lawn fertilizers. So let's keep up the good work and keep our lake clean.

**Milt Houle**

*"The average ... water clarity for 2011 was 4.7 meters. "*



## Interpreting Total Phosphorus Results

Phosphorus is the nutrient that controls the growth of algae in most Ontario lakes. For this reason any increase in phosphorus in the lake will increase the quantity of algae that can grow. High levels of phosphorus can lead to algal blooms and in some cases affect the habitat of cold water fish such as lake trout. A general guideline exists to characterize your lake based on the total phosphorus that is measured.

INTERPRETING YOUR TOTAL PHOSPHORUS RESULTS	
Total Phosphorus	Lake Nutrient Status
10 ug/L or less	Oligotrophic - unenriched, few nutrients
11 to 20 ug/L	Mesotrophic - moderately enriched, some nutrients
21 ug/L or more	Eutrophic - enriched, higher levels of nutrients

**For more information on lakes in the Mississippi Valley Watershed,**

**visit MVC online at [www.mvc.on.ca](http://www.mvc.on.ca)**

## Annual Dinner & Silent Auction

Our annual fall dinner and silent auction was held on Saturday, September 10th at Fernleigh Lodge and attended by 54 members of the association. This year 20 of the members were attending the dinner for the first time.

*"We raised \$364 as a donation to a local charity."*

Happy Hour started at 6pm which gave us an hour to organize the donations for the auction and to chat with our friends

and neighbours before sitting down at 7pm to enjoy dinner.

Kevin and Melissa Phillips and their staff prepared a terrific menu including fresh baked bread, field greens salad, roast pork tenderloin, gravy and mashed potatoes and beans with corn "off" the cob. Dessert was the famous Lodge Cheese Cake with a choice of 3 fruit sauces.

Our auction was lots of fun and very successful as we raised \$364 as a donation to a local charity. The KLA Board will pick the recipients of this year's silent auction at its October board meeting. We also dropped off 10 to 12 bags of food for the Food

Bank.

There were 4 door prizes donated by the members – Milton Houle donated his beautiful hand-made "Martini Bench" and Joanne Fisher donated an ice bucket loaded with bottles of wine and accessories. Karen McCall donated two gifts; coasters and a photo frame. Another donation was from Lynn McEvoy – all the centre pieces of flowers at each table were from Lynn's garden and each jug of flowers was taken home by someone at the table.

Thank you to everyone who helped out in the planning and execution of the evening – and I am sure that we all will look forward to next year.

**Heather Penney**

## In Memoriam ... Al MacGregor

This past summer we lost Al MacGregor, one of our original directors and a great friend to his family, neighbours and the Kashwakamak Lake Association. A very long time resident of the lake, Al and Beth, his new bride of several weeks purchased their property on the Thanksgiving weekend of 1957 along with the families of his brother Bob and sisters Lorna and Ann. Al and Beth built their cottage in 1960 after drawing straws to see who would have which lot as the land was subdivided into 4 individual lots. Al and Beth spent their precious summers at the lake with their children and

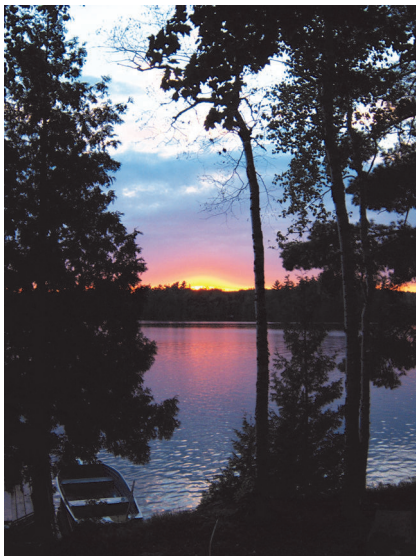


the numerous cousins of the other three families. Al and Beth spent 20 happy years of retirement at the lake from May to Thanksgiving each year. For Al, this was a piece of heaven and it was his wish to spend his closing days at the family cottage looking out at the lake with his family around him.

Al was instrumental in expanding the original Tower Road Association founded in 1991 to include the whole of Lake Kashwakamak. Al was president from 1995 to 1999 and past president from 1999 to 2003. During that time period, the KLA expanded from its original membership of 50 to approximately 400. Al was MC for many years at our annual dinner dance and we all came to know and love his humour and the kind gentle man he was.

We shall all miss him dearly and extend to Beth and their family our deepest sympathy in their loss.

Mary Larson



# Free Shoreline Planting Program

Mississippi Valley Conservation (MVC) is offering a free shoreline vegetation planting service to waterfront property owners. A naturally vegetated shoreline area is one of the most effective ways to maintain the quality of your lake's water and to protect your shoreline from erosion. MVC staff frequently meet people interested in creating a more natural shoreline area on their property but many are discouraged because they don't have the time or ability to plant. Cost, planning, and access to native plants is also an issue. We're making shoreline stewardship easier by providing plans, labour, and materials, for free.

Naturalizing your shoreline doesn't mean you lose your view or shore access. The individualized planting plans are designed to maintain open areas and let you enjoy your property with the benefits naturalization can bring to your site. Each plan is site specific, for example we can recommend trees and shrubs that don't grow too tall or can be pruned so views are not screened.



**The program is being offered on a first come first served basis at no cost to the property owner. Those who are interested should contact Brian Anderson by calling 613.259.2421 ext. 228 or by emailing [banderson@mvc.on.ca](mailto:banderson@mvc.on.ca).**

**Brian will meet with you on your property to work out the options best for your property and your needs, including the types of shrubs or trees to plant and where to plant them.**

***We assure you that when we visit your site we will focus only on your shoreline naturalization.***

Site visits are being scheduled from now until November in order to prepare for an early spring 2012 planting. The program is available for a limited number of properties. If you are interested please call Brian now 613.259.2421 ext. 228.

The Shoreline Planting Program is part of the integrated approach to watershed management. By supporting a combination of large scale initiatives and community and individual projects Mississippi Valley Conservation (MVC) works together with watershed stakeholders to manage and protect the health of the Mississippi Valley watershed. MVC is your local, watershed management agency. Visit [www.mvc.on.ca](http://www.mvc.on.ca) to learn more.



Funding for this program was generously provided by the Mississippi Valley Conservation Foundation (MVCF) and the Community Stewardship Council of Lanark County.

## Lake Sustainability Planning Update -- cont'd from Page 1

The proposal to begin the planning process was approved at the KLA meeting, with the understanding that the plan will need to be approved by the KLA membership once it is completed. As part of the process, the committee is now asking all

*"We want to get a generational view of how the lake is used... and we want to hear from visitors too." Scott Bennett, KLA AGM, July 2011.*

## New MVC Shoreline Naturalization Program

The MVC Shoreline Naturalization Program had a very successful first year. In total, we had 33 landowners formally apply for a site visit and 25 site visits were completed. Earlier in the summer we planted four properties with over 100 plants. Another 9 properties will be planted this fall with about 150 plants. The Town of Carleton Place is asking Council to approve planting along Riverside Park with over 200 trees. This planting will be done by the Carleton Place High School Environmental Class. Three site visits resulted in further site visits for permits to repair shorelines. By the end of this season, planting will have occurred on Mississippi, Sharbot, Mazinaw, Clayton, Robertson and Kashwakamak Lakes.

residents, cottagers, visitors, and businesses on Kashwakamak Lake to take a few minutes to complete the two page survey and give their input.

"More than one person in a family can respond to the survey," Scott explained. "In fact, we want to get a generational view of how the lake is used and what different age groups value. It's also important for us to hear from visitors to the lake so we're asking local businesses with cabins and campers to encourage their guests to fill out the survey as

well," Scott added.

The survey is available online at [www.kashwakamak.ca/index.php/sustainability](http://www.kashwakamak.ca/index.php/sustainability)

For questions, please contact the Kashwakamak Lake Association by contacting Judy McIntyre at [Ritchiemcintyre@Rogers.com](mailto:Ritchiemcintyre@Rogers.com) or (613) 233-3564.



KLA Lake Sustainability Planning Committee at it's August meeting at Fernleigh Lodge. From left to right, Judy McIntyre, Alyson Simon, Peter Burbridge, Sue MacGregor, Scott Bennett, Joanne Fisher, Kevin Phillips, Darryl Simpson, Fred Perry. (Absent, Jim Pederson)

Several site visits will result in planting in the spring of 2012. Most site visits also involved individual tree evaluation and forest management advice. In several cases, the sites did not need shoreline planting but advice on pruning existing plants was given.

The program received \$1000 from the Lanark Stewardship Council to purchase plants. Other Corporations have contributed funds to assist the program as well. From the feedback I received, landowners like a "free" program but also indicated they would be willing to contribute financially. However, most landowners would not likely proceed on their own due to lack of time and knowledge of

plants and their availability.

The Ferguson Forest Center will increase production of shoreline plants to accommodate future demands for this program. On average, a site would entail 150 feet of frontage which means 2000 feet of shoreline are influenced. We also had a very good response to the triangle signs installed on shorelines. I met a lot of interesting folks and had fun. I look forward to the continuation of the program next year!

**Brian Anderson**

Advisory Services Coordinator

# North Frontenac Lake Association Alliance (NFLAA)

Kashwakamak Lake Association (KLA) is one of the founding members of the newly formed (Nov. 2010) alliance of lake associations. The NFLAA is presently made up of 15 member lake associations and 3 more lakes awaiting ratification from their associations. The mandate of the alliance is to build relationships and partnerships with Municipalities, Government Agencies and appropriate community associations.

The NFLAA is an important alliance that can help members and in turn KLA members have their concerns heard with a unified approach. With KLA membership of close to 400 and the membership of 15 other lake associations, the NFLAA is our representation within the North Frontenac community and at the township level. All members are part of the Federation of Ontario Cottage Associations (FOCA) at the provincial level.

The NFLAA Co-Chair, Ron Higgins is also the area director for FOCA so we are well represented. I invite you to visit the NFLAA website for more information including the Mission Statement and Mandate for our alliance. <http://www.wrengroup.ca/nflaa/nflaa.htm>.

Gordon Hunter is the KLA representative serving on the NFLAA board.

## Canada Day Boat Parade 2011!

This year's Canada Day Boat Parade was bigger than ever - many thanks to the elements - as we enjoyed a beautiful sunny day! The flotilla was colourful and full of Canada proud red and white.

Mark your calendars for next year - Saturday July 1st, as we will once again meet at the deadhead in Whitefish Bay at 1 pm.



Colourful displays and happy patriotic onlookers as the 2011 Canada Day Boat Parade went through Mitchell Bay!





# Second Annual Family Fun Day a Success !

KLA families gathered together on Saturday, August 13th, at Fernleigh Lodge for our 2<sup>nd</sup> Annual Family Fun Day. Many of your directors met early with helpers to set up tents for the various activities, the silent auction and vendor displays. Officially the day began at 11:00am with neighbours gathering to say hello and enjoy the variety of activities which continued throughout the afternoon and included face painting and stone art for young and old alike. Our thanks go to Lynn McEvoy and her assistants who inspired our "would be" artists.

The live animal show began at 12:00 noon and Laura's animal friends included a colourful macaw, a grass eating tortoise, a chinchilla, an iguana, a very princely frog and some snakes. Her show was both infor-



tained everyone throughout the afternoon and picnic tables were set up for families to enjoy their refreshments which included hotdogs, sausages, hamburgers, chips and ice cream.

At 1:30 the games began with entrants of all ages which certainly added to the fun. Included were the 3 legged race, wheelbarrow race, hoola hoop contest, egg toss and the ultimate tug of war.

Again this year we had several excellent hoola hoopers with the winner being a young guest of mine, Holly Grosdanis. Both the egg toss and tug of war included all ages. I believe we went through 4 dozen eggs with some young players exhibiting un-

believable catching skills. Needless to say that both participants and hillside onlookers alike enjoyed these events and our thanks again this year to Mary Beth Larson and her

helpers for a job well done. A mini soccer game and Coca Cola treasure hunt followed.

New this year was a silent auction and vendor displays which many parents found interesting. Door prizes were drawn for and we are grateful to all the businesses

and individuals who contributed to the prizes. With attendance at ap-

*"Give us your comments and suggestions for next year!"*



proximately 145, the day was fun filled as evidenced by the many photographs which will be on the KLA website. As always, your board would appreciate any comments or suggestions you may have for future events. Please email me at

**[mary.larson077@sympatico.ca](mailto:mary.larson077@sympatico.ca)**



mative and fun for the audience who later were able to enjoy a hands on experience following the show.

A live performance by the "Border Town Band" enter-



# KLA Board of Directors 2011-2012

Director	Position	Portfolio	Phone	Email
Gord Hunter	President	S. Shore - N. Frontenac Lake Assoc. Liaison	613-336-7345	frontier@eagle.ca
Judy McIntyre	Vice President	Mitchell Bay - Lake Sustainability Committee	613-336-2882	judymcintyre@mcintyreca.com
Allen Archibald	Treasurer	Membership Committee	613-336-0072	treasurer@kashwakamak.ca or membership@kashwakamak.ca
Cathy Galt	Secretary	Whitefish Bay	613-336-9898	cathygalt@xplornet.ca
Mary Larson	Past President	Family Day Coordinator	613-336-8832	newsevents@kashwakamak.ca
Milton Houle	Lake Steward		613-336-0886	LakeSteward@kashwakamak.ca
Kevin Phillips	Director	Fernleigh	613-479-5566	Fernleigh@aol.com
Ruth Blamire	Director	N. Frontenac Township Liaison	613-479-2582	mblamire@cogeco.ca
Vacancy	Director	Brown's Bay area		
Vacancy	Director	South Shore		
Vacancy	Director			

## KLA Volunteer Committees:

Website - Lew and Carol Shepherdson,  
Scott Bennett (content) email [scott.bennett@carbondiet.ca](mailto:scott.bennett@carbondiet.ca)



Lots of fun and good sports at the Family Day!



Join our  
[Kashwakamak Lake](#)  
group on Facebook!

facebook

## Kashwakamak Lake Association

**Note from the Editor:** This newsletter is published twice a year—in the spring and the fall. If there is anything you would like to see in here, please send me your ideas. *Sue MacGregor*

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